

Public Health-Global Health Major: Global Health Option

Options

In addition to the Bachelor of Arts and Bachelor of Science degree pathways, there are three options that can provide structure and direction for a student's area of focus within a liberal education public health framework.

BA in PH-GH: Global Health Option

In this option, students will become familiar with major problems and policy issues in global health and able to discuss the determinants of global health and global responses to health problems, including health systems.

Required introductory course: G H 101: Introduction to Global Health: Disparities, Determinants, Policies, and Outcomes (5 credits)

In the required 20 Public Health-Global Health elective credits, students will take:

- G H 305: Global Health and Justice (3 credits)
- G H 401: Core Topics in Global Health (1-2 credits)
- G H 402: Contemporary Issues in Global Health (1-2 credits)>
- G H 403: Multidisciplinary Perspectives in Global Health (1-2 credits)
- G H prefix courses (6-11credits)
- PH-GH Elective courses (0-5 credits)

See [website](#) or [adviser](#) for approved list. Any course not on the list must be approved by a Public Health-Global Health or Global Health adviser.

See Global Health's [website](#) to learn more about their undergraduate programs.

BA in PH-GH: Health Education and Promotion Option

In this option, students will explore the development of individual, group, institutional, community and systemic strategies to improve health knowledge, attitudes, skills and behaviors.

This option aligns with competencies required for the [Certified Health Education Specialist \(CHES\)](#) credential.

Required introductory course: HSERV 100: Personal and Public Health (3 credits)

In the required 20 Public Health-Global Health BA SELECTIVE credits students will take:

- HSERV 100: Personal and Public (3 credits)
- HSERV 204: Communicating about Health: Current Issues and Perspectives (3 credits)
- BA Selective courses (14-15 credits)

See [website](#) or [adviser](#) for approved list. Any course not on the list must be approved by a Public Health-Global Health adviser.

In the required 20 Public Health-Global Health ELECTIVE credits, students will take:

- HSERV 343: Health Behavior and Health Promotion (5 credits)
- HSERV 344: Public Health and Health Systems Management (5 credits)
- HSERV 345: Community Health Assessment (5 credits)

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- SPH 495: Public Health Internship (5 credits; totaling 150 hours of experiential learning on or off campus)

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BS in PH-GH: Nutritional Sciences Option

In this option, students will get a robust foundation in natural sciences along with their nutrition-focused public health fundamentals. This option is a Bachelor of Science pathway for graduate studies in nutritional sciences, including those programs that lead to a Registered Dietitian credential.

Required introductory course: NUTR 200: Nutrition for Today (4 credits)

In the required 20 Public Health Elective credits, students will take at least 9 credits from:

- NUTR 310: Nutrition and the Life Course (4 credits)
- NUTR 405: Physical Activity in Health and Disease (3 credits)
- NUTR 406: Sports Nutrition (3 credits)
- NUTR 411: Diet in Health and Disease (3 credits)
- NUTR 420: Global Nutrition: Challenges and Opportunities (3 credits)
- NUTR 446: Food Safety and Health (3 credits)

The remaining credits to complete the total of 20 elective credits will be from:

- NUTR 302: Food Systems: Harvest to Health (5 credits)
- NUTR 303: Food Systems: Individual to Population Health (5 credits)
- NUTR 400: Nutrition Seminar (max. 2 credits)
- NUTR 412: United States Food Systems Policy (3 credits)
- NUTR 465: Nutritional Anthropology (3 credits)

See [website](#) or [adviser](#) for approved list. Any course not on the list must be approved by a Public Health-Global Health adviser.

See the Nutritional Sciences Program's [website](#) to learn more about their undergraduate programs.

Frequently Asked Questions

Q: How do students register for the options?

A: Public Health-Global Health majors can declare an option with an academic adviser once they are admitted into the major.

Q: Will all Public Health-Global Health majors have to declare an option?

A: No, we are actually expecting that most students will pursue the general BA and BS pathways, as they allow for the most flexibility in regards to the selection of courses students will have, giving them opportunity to explore different disciplines.