



Global Health Immersion Program

**INFO SESSION 2016-17**

# WHAT IS GHIP?

## The Global Health Immersion Program



- ✿ A 10-credit academic course
- ✿ A field-based global health training program
- ✿ A unique cultural immersion experience
- ✿ An enriching way to challenge yourself
- ✿ The experience of a lifetime?

# GHIP MISSION



- ✿ Provide a meaningful, academically rigorous field experience to enhance students' understanding of global health
- ✿ Ignite students' passion to make a difference

# Step One: Preparation

✱ Students attend a 2-day orientation seminar covering the following:

- ☞ Country background information
- ☞ Travel health and safety
- ☞ Tools for community partnership
- ☞ Health promotion in cross-cultural settings
- ☞ Ethical issues



# Step Two: Learning from the Community



- ✿ Students will
  - ✿ Meet with local partners and learn about their activities
  - ✿ Learn about the local health system and health problems
  - ✿ Assess the needs and strengths of the community

# Step Three: Exploring a Health Issue



- ✿ Students will
  - ✿ Identify and focus on one a particular health issue affecting the community
  - ✿ Discuss relevant findings and project options with their faculty mentors and local partners

# Step Four: Giving Back



- ✱ Students will
  - ✱ Work with their partners to develop a feasible project to address their chosen health problem
  - ✱ Try to create a durable product that local partners can use to continue their efforts

# Step Five: Reflection



- ✱ Students will submit:
  - ✎ A report on the problem selected and evidence for both needs and approach
  - ✎ A project proposal written in collaboration with the site partner
  - ✎ A written evaluation of their project and lessons learned
  - ✎ Five written reflections about their experience

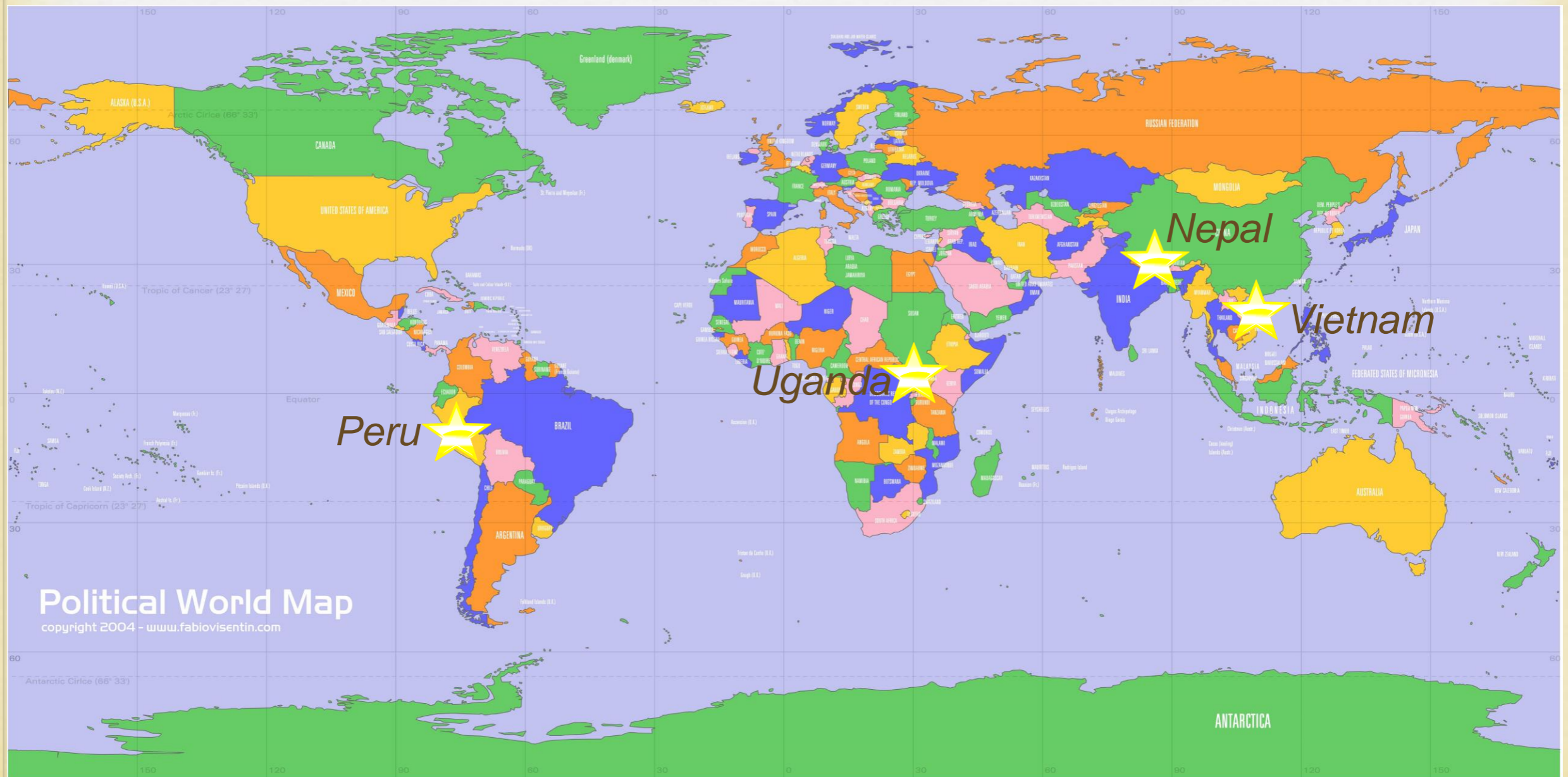
# Step Six: Discussion

✱ After returning, students attend a seminar during which:

- ☞ They present their work to faculty and each other
- ☞ They discuss and debate key global health topics



# GHIP Partner Sites



# Peru Partners

- Partners include
  - ✍ Ministry of Health hospitals and clinics in Lima, Iquitos, and Huancayo
  - ✍ Sacred Valley Health (<http://www.sacredvalleyhealth.org/>)
  - ✍ Other NGOs, depending on interests
- Requirements
  - ✍ Must speak enough Spanish to understand and be understood

2016 Students: Patrick Bloecher ([pablo87@uw.edu](mailto:pablo87@uw.edu)), Jessica Copeland ([jessmae@uw.edu](mailto:jessmae@uw.edu)), Megan Mayer ([mmayer14@uw.edu](mailto:mmayer14@uw.edu)), Courtney Schuelke ([schuelke@uw.edu](mailto:schuelke@uw.edu))

# Uganda Cancer Institute, Kampala

- Program with the **Uganda Cancer Institute / Fred Hutchinson Center Cancer Alliance**
- Ongoing outreach programs for cancer screening and awareness
- Links to health centers in and out of Kampala
- Requirements

✍ None

2016 Student: Mariah Minder ([mminder2@uw.edu](mailto:mminder2@uw.edu))

# Dhulikhel Hospital, Nepal

- New site based on ongoing collaborations between the University of Washington and Dhulikhel Hospital/Kathmandu University
- Work closely with Nepalese medical faculty and students to promote community health
- Requirements

✍ Administrative fee charged by program

2016 Students: Kyle Cleasby ([kcleasby@uw.edu](mailto:kcleasby@uw.edu)), Averyl Shindruk ([averyl3@uw.edu](mailto:averyl3@uw.edu))

# Can Tho University of Medicine, Vietnam

- New site in 2015, based on ongoing collaborations between the University of Washington and the Can Tho University of Medicine and Pharmacy
- Work closely with Vietnamese medical faculty and students to promote community health
- Requirements

✍ Administrative fee charged by program

2016 Students: Makenzie Bartsch ([mbartsc1@uw.edu](mailto:mbartsc1@uw.edu)), Annie Ngo ([an38@uw.edu](mailto:an38@uw.edu))

# Project Examples



✿ Past projects have included:

- ✍ Developing a school first aid curriculum in an urban slum in Peru
- ✍ Providing cancer education to schools in Uganda
- ✍ Testing low-cost methods of disinfecting water in rural Peru

# Project Examples

- ☞ Preparing a smoking cessation curriculum for use in Nepal
- ☞ Developing an ongoing training program for Kenyan community health workers and babycare staff
- ☞ Developing a community education program for diabetic patients in Vietnam



# Who is Eligible?

- ✱ First-year medical students at any WWAMI campus.
- ✱ To participate, you must:
  - ☞ be accepted into the program.
  - ☞ confirm your enrollment in the course.
  - ☞ be in good academic standing.
  - ☞ have appropriate travel documents.
  - ☞ attend the required orientation: **Saturday and Sunday March 11-12, 2017**



# Common Questions

- ✱ But I want to study the impact of climate change on human trafficking in the Congo. Can this be my project?
  - ✱ Answer: No, this is not a GHIP site. Consider a III-1 research project or III-2 literature review in collaboration with a UW faculty mentor.
- ✱ I'm getting married this summer, so I only have 6 weeks for travel, but my III has been waived (or I have plans for Spring Break and can't attend orientation). Is this OK?
  - ✱ Answer: No, attendance at orientation and 8 weeks at the GHIP site are required.

# GHIP MYTHS



- ✿ Don't bother applying because:
  - ☞ It's too competitive.
  - ☞ WWAMI students aren't accepted.
  - ☞ You have to have international experience.
  - ☞ You can't get III credit.
  - ☞ You need to know what "Global Health" is.

# Costs and Funding



- ✱ The cost of the program ranges from \$3000 - \$5000.
- ✱ Students are responsible for meeting these costs.
- ✱ BUT:
  - ☞ Students can apply for financial aid
  - ☞ The DGH is providing up to \$1000 stipend per student
  - ☞ You may be eligible for additional scholarships.

# Challenges



- \* Lack of direct supervision.
- \* Language barriers.
- \* Unwanted attention.
- \* Petty theft.
- \* Personal discomfort.
- \* Illness.
- \* Homesickness.
- \* Frustration.

# Challenges



- ✱ Confronting poverty up close
- ✱ Witnessing unnecessary suffering and death

# Rewards



- \* Building relationships with a community
- \* Learning from our partner organizations
- \* Developing first-hand insight into global health challenges.
- \* Personal growth
- \* Making a difference, even in a small way

# Who Should Apply?



- ✿ GHIP is a big commitment. Students tend to have the best experiences if they:
  - ☞ have a genuine interest in global health
  - ☞ are flexible and able to function independently
  - ☞ are realistic about the program expectations and requirements
  - ☞ are realistic about the challenges of living, working, and studying in a low resource country
  - ☞ do not have competing personal, family, or academic issues.

# Who Should Apply?

- ✿ Global Health Pathway Students
- ✿ MD/MPH candidates
- ✿ Medical students with an interest in health disparities and global health



# APPLICATION TIMELINE



- \* Download the application from the GHIP website opening Friday, December 2.
- \* Submit application along with one letter of recommendation by Tuesday, January 3, 2017.
- \* Recommenders should ideally be able to speak to your interest in global health and/or cross-cultural medicine.
- \* Give a brief interview in late January/early February.
- \* Commit to your III program by February 28, 2017

## Questions regarding GHIP

- Susan Graham: Faculty Director, curriculum, [grahamsm@uw.edu](mailto:grahamsm@uw.edu)
- Daren Wade, GHRC Director, administration and logistics, [dwade@uw.edu](mailto:dwade@uw.edu)
- Rachel Lazzar, GHRC Program Manager, general inquiries, [rlazzar@uw.edu](mailto:rlazzar@uw.edu)
- GHRC: Harris Hydraulics Bldg., Room 316b, Box 357965, Seattle, WA 98195, (206) 685-7362